Protect Yourself From Long COVID: Get Vaccinated

Some people who get COVID can have symptoms that last for many weeks or months—a condition called “Long COVID.”

Commonly reported Long COVID symptoms include:

- Feeling very tired
- Cough
- Trouble breathing or shortness of breath
- Aches and pains
- Brain fog (trouble thinking or remembering things)
- Trouble sleeping
- Mood changes
- Loss of smell or change in taste
- Fever

Long COVID can affect people of all ages.

Lower your chances of getting Long COVID by staying up to date with your COVID vaccine.

Find COVID vaccines near you at vaccines.gov