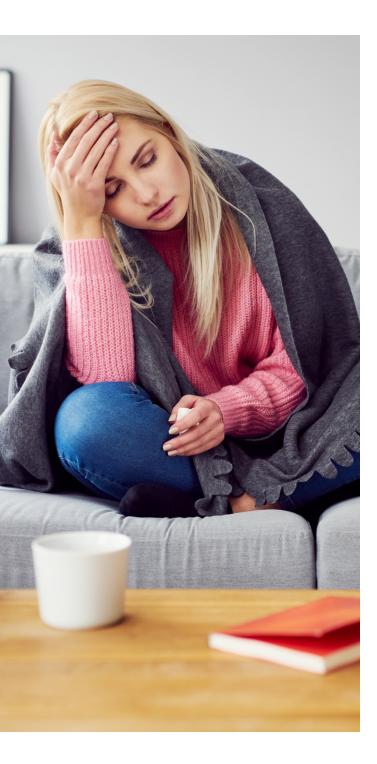


## Protect Yourself From Long COVID: Get Vaccinated



Lower your chances of getting Long COVID by staying up to date with your COVID vaccine.

Some people who get COVID can have symptoms that last for many weeks or months—a condition called "Long COVID."

People with Long COVID can have a variety of symptoms. Some symptoms may not seem clearly related to COVID, which can make Long COVID hard to diagnose.

Commonly reported symptoms include:

- Feeling very tired
- Cough
- Trouble breathing or shortness of breath
- Aches and pains
- Brain fog (trouble thinking or remembering things)
- Trouble sleeping
- Mood changes
- Loss of smell or change in taste
- Fever

Anyone who gets COVID can develop Long COVID, and it can affect people of all ages.

Find COVID vaccines near you at vaccines.gov