Older adults are at high risk for severe illness from COVID.

Boosters help keep up protection for you and your loved ones. If you’re 5+, you should get your 1st booster:

- 5 months after your 2nd dose of Pfizer or Moderna.
- 2 months after your single dose of Johnson & Johnson.

You can get a 2nd booster 4 months after your 1st, if you’re:

- 50+ and got the Pfizer or Moderna vaccine.
- 18+ and got the Johnson & Johnson vaccine.

Visit cdc.gov/coronavirus for more information on boosters.