

# WAYS TO PROTECT OUR HEALTH

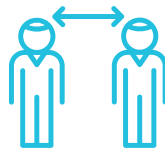


- Our special events continue to be important and can be shared with others by livestreaming key parts or taking pictures and videos to later send to loved ones.
- Congregation members should greet one another at a distance, understanding we're all being mindful and safe rather than rude or disrespectful.
- Notify congregational leadership as soon as possible if someone in our congregation tests positive for COVID-19. If needed, we can coordinate with local health officials who are trained with the best practices to follow.
- Don't forget to make plans to get a vaccine! You have three ways to find vaccines near you:
  - Go to [vaccines.gov](https://www.vaccines.gov)
  - Text your ZIP code to 438829
  - Call 1-800-232-0233

**Remember that a vaccine is just one tool we have to slow the spread of COVID-19. Until you're up to date with your COVID vaccines, you still need to do as public health officials advise us:**



**Wear a mask when inside public places. Even vaccinated people in areas of substantial or high spread of COVID-19 should wear a mask inside public places to maximize protection from the highly contagious Delta variant and prevent possibly spreading it to others.**



**Stay 6 feet apart from others who don't live with you and who may not be vaccinated.**



**Avoid crowds.**



**Avoid poorly ventilated indoor spaces.**



**Wash your hands often with soap and water.**

*Content last reviewed: February 17, 2022*