

# Protect Yourself From Both COVID-19 and the Flu

Flu season is here. It goes from October through May. And COVID-19 is still with us.

Protect yourself from both illnesses as soon as you can.

You can get both vaccines at the same time, no matter which dose of the COVID-19 vaccine you need.



## Who Can Get Both Vaccines

At this time, everyone ages 5 and older is eligible for both a COVID-19 vaccine and a flu vaccine.

It doesn't matter which COVID-19 vaccine dose you need. You can get both vaccines in the same visit from your health care provider or a pharmacy.



### Where to find COVID-19 vaccines

Find free COVID-19 vaccines near you:



Go to [vaccines.gov](https://www.vaccines.gov)



Text your ZIP code to 438829



Call 1-800-232-0233

