Improve How Your Mask Protects You

When choosing a mask, look at how well it fits, how well it filters the air, and how many layers it has:

1. Make sure your mask fits snugly against your face.
2. Pick a mask with layers to keep your respiratory droplets in and others’ out.

Do

**Improve fit**
- Choose a mask with a **nose wire**
- Use a **mask fitter** or brace
- Check that it **fits snugly** over your nose, mouth, and chin

**Add layers of material**
- **2 ways to layer**
  - Use a cloth mask that has multiple layers of fabric
  - Wear a disposable mask underneath a cloth mask. The cloth mask should push the edges of the disposable mask against your face.
- Make sure you can see and breathe easily

**Knot and tuck ear loops of a 3-ply mask**
- Knot the ear loops
- Fold and tuck in unneeded material
- Check for close fit

Do NOT

**Combine two disposable masks**

**Combine a KN95 mask with any other mask.**


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